

# DR. MARCUS HANDMER

Urological Surgeon

## Bladder Diary (General)

<b>Instructions:</b> Document your fluid intake and output, as well as relevant comments (urgency, incontinence, difficulty getting started etc)			
<b>Date/Time</b>	<b>Fluid in</b>	<b>Fluid (urine) out</b>	<b>Comment</b>
<i>E.g. 1 Feb 0900</i>	<i>100mL - juice</i>		
<i>E.g. 1 Feb 1000</i>		<i>200mL</i>	<i>Comfortable void</i>