DR. MARCUS HANDMER
Urological Surgeon

Bladder Diary with Suprapubic Catheter (SPC)

Instructions: Attempt to void first via the penis, measure the volume, then empty with the SPC, measure the volume and document in the table below. Please continue this process for at least one day (24h) per week. If there is very little emptied through the SPC (<50mL), you can transition to emptying it (after a penile void) just once a day.

Date/Time	Voided through the penis	Emptied through the SPC	Comment
E.g. 1 Feb 0900	200mL	100mL	No pain